

...got a problem, need a helping hand?

CYEC's here to help...



Here's what's on offer

CYEC People

with a staff team based in London and Scotland along with a team of volunteer Regional Representatives throughout the UK, we're here to help you with your planning and preparation. We can arrange face-to-face meetings – or we're only on the end of the phone for a chat. We'll give you advice and support and help you problem-solve if the need arises. We can also put you in contact with other youth exchange projects so you can hear about their experiences.



Publications

from Handbooks and Toolkits to posters and board games – our youth exchange resources are designed to help you get the most out of your exchange and share good practice. And our newsletter and website will help keep you up-to-date and part of the youth exchange community.



Training

from information and taster days to weekend residential courses, we've got the right training course for you. Our courses are for youth leaders and teachers as well as for young people who have a leadership role. So give yourselves a flying start and sign up now.

Funding

we run a grants programme to provide some financial help to local youth exchange groups. You have to meet our specific criteria – so you do need to check out our Guidelines for Funding and application deadlines (normally each autumn).

Events for young people

each year we hold special events for young people – forums, residential and events to show-case achievements and share experiences.

Certificates of Achievement

every participant and organisation completing a Commonwealth youth exchange receives a special certificate from us in recognition of the achievement and skills gained.

And if, after your exchange, you'd like to put something back into the Commonwealth Youth Exchange movement and help CYEC, we'd love to hear from you! We've always got opportunities for youth exchangers of all ages to help run events, promote international work locally, do presentations, serve on committees, volunteer in the office or just keep spreading the word about CYEC and Commonwealth youth exchange!

'CYEC had an important role to play in the success of our exchange. They publicly gave their support early on and thereby made others think we might be worth supporting. They provided a wealth of information and advice and gave us marvellous support and encouragement.'

common vision, shared future

